



Homerton  
University Hospital  
NHS Foundation Trust



# CAMHS Disability Coffee Morning

A space to connect with other parents at Hackney Ark

**Emotional support group for parents with children with learning disabilities, special educational needs, additional learning needs known to CAMHS**

This drop-in group is a chance to meet other parents of children with special needs/ learning disability. At each CAMHS Disability Coffee Morning, you will be joined by two CAMHS Clinicians. We hope that this will be a space to think together about your experiences and discuss strategies for you to use at home.



There will be 8 slots available for each monthly session. If you would like to attend CAMHS Disability Coffee Morning please call the CAMHS Team on 0207 014 7071 and speak to Georgia or Catherine to find out more.

2023 Dates for your diary:

Monday 24<sup>th</sup> April 1-2pm – Understanding your child’s communication  
Monday 22<sup>nd</sup> May 1-2pm – Bank Holiday  
Monday 26<sup>th</sup> June 1-2pm – Understanding and responding to behaviour  
Monday 31<sup>st</sup> July 1-2pm – Experience of parenting with additional needs  
Monday 28<sup>th</sup> August 1-2pm – Bank Holiday  
Monday 25<sup>th</sup> September 1-2pm – Play & Praise  
Monday 30<sup>th</sup> October 1-2pm – The tree of Life  
Monday 27<sup>th</sup> November 1-2pm – Supporting sleep